# HAVE A FINE NAVY ☀Thursday 🧩

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#### Local

#### Veterans' Medical Center offers service to women

The Veterans' Medical Center in Memphis has an excellent Women's Center which has offered primary and specialty care since 1995. The center focuses on prevention of disease and wellness, but also treats acute and chronic illness. The staff consists of the following disciplines: gynecology, internal medicine, psychiatry, psychology, social services, and nutrition. If you are a woman veteran or are a beneficiary with VA or TRICARE and want more information about eligibility, call the center at 577-7353; or Margaret Sousoulas, Women Veterans' program manager at 523-8990, ext. 6767.

#### On base

#### Uniform of the Day change

At 12:01 a.m., Monday, April 10, the uniform of the day will change to summer uniforms: summer white, service khaki alternates for chief petty officers and officers; service dress whites, and summer white alternate for enlisted E-6 and below. Fabric for khaki will be CNT or poly/wool

#### FRA 231 membership drive

The Fleet Reserve Association and Women's Auxiliary will hold their membership drive in the Navy Exchange center plaza on April 1 from 10 a.m. to 3:30 p.m. The FRA supports benefits and issues concerning active duty military and retirees.

#### Men of Integrity

The Christian-based Men of Integrity monthly meeting will be April 6, 6:45 a.m. in the Chapel Fellowship Hall. Civilians and military are invited to attend for light breakfast, fellowship and prayer. For more information, call the Chapel

#### Relief Society Thrift Shop open Saturday

The Navy-Marine Corps Relief Society Thrift Shop will be open Saturday, April 1, from 9 a.m. to 1 p.m. The Thrift Shop is located in building S-239.

#### Easter egg hunt, First Class meeting

The Mid-South First Class Petty Officers' Association will sponsor an Easter Egg Hunt on April 15 at 9 a.m. at the pavilion behind the old Youth Center on Savitz Dr. All dependents of military, civilian employees, and retirees are invited to attend. Also, the Mid-South First Class Petty Officers' Association monthly meeting will be April 12 at the White Hat Lounge at 3 p.m.

#### **TRICARE** seminars

The Branch Medical Clinic will host a TRICARE briefing on Wednesday, April 26 from 11-2 p.m. in the clinic's training room. The briefing is open to all active duty members, their families and retired military/family members. Call Gary Douglas, health benefits advisor, at 874-6112 no later than April 19 to reserve your seat. Also, learn about the Health Care Information Line and Take Care of Yourselfbook at one of the TRICARE seminars that are always held the first Tuesday of each month at 2 p.m. at the TRICARE Service Center, located at 3606 Austin Peay Hwy., Suite 116. The next seminar will

#### Blue Cross/Blue Shield rep at HRO

A representative with Blue Cross and Blue Shield Benefit Plan will be at the Human Resources Office, building 455, tomorrow from 9 a.m. to noon. She will be providing benefit information and answering questions about claims. This is one-on-one information. No appointment is necessary; however, employees should receive permission from their supervisors prior to leaving their workplace. Point of contact is Diane Maxey at 874-5324.

#### Daylight savings time begins

Daylight savings time begins at 2 a.m on Sunday, April 2. Don't forget to turn your clocks forward one hour before going to bed April 1.



#### McC.O.

Captain Diane L.H. Lofink (left). commanding officer, Naval Support Activity Mid-South, displayed a hidden talent at a recent all-hands luncheon for NAVSUPPACT Mid-South as she played her Celtic harp for guests. The ancient tune she performed. composed by Irish harper Turlough O'Carolan, was in honor of the luncheon's St. Patrick's Day theme. Though playing beautifully, she said, " may be a little rusty since I haven't practiced much lately." No wonder, with all the responsibilities of being the base CO.

### No MTBE in drinking water at Navy Mid-South

By James Heide NAVSUPPACT Mid-South Public Works Environmental Division

The Environmental Division has received numerous phone calls stating concerns about having methyl tertiarybutyl ether in our drinking water. These concerns began after callers viewed a segment of the TV show "60 Minutes" where Assistant U.S. EPA Administrator Robert Perciasepe agreed that removing MTBE from reformulated gasoline was long overdue.

The interview also cited the first health complaints, in Fairbanks, Ak., in 1992, which were identified as being related to MTBE in the air. About 200 residents reported problems such as headaches, dizziness, eye irritation, burning of the nose and throat, disorientation, and nausea. Similar health complaints have registered in Montana, Wisconsin, and New Jersey.

As a proactive measure, we at Navy Mid-South decided to test our wells for MTBE and provide FACTS about MTBE to prove that we have the best drinking

water in the country.

MTBE is a volatile, organic compound. MTBE has been added to gasoline as an octane booster since the phase-out of lead in the late 1970s. Conventional gas has MTBE in amounts of usually less than three percent by vol-ume, though some premium blends can have MTBE in amounts up to nine percent. Reformulated gasoline, which was developed for use in localities which do not meet national air quality standards, contains 11 percent MTBE. RFG accounts for 40 percent of emissions reductions required for compliance with the Federal Clean Air Act.

These federal requirements are in place to protect public health and the environment from the harmful effects of exposure to elevated concentrations of

Contamination of drinking water with MTBE is most likely to be the result of a gasoline spill. Spills may be large, such as that from a leaking underground or above-ground gasoline storage tank. Spills may be small, such as those that can occur while refueling, discarding old gasoline improperly, or leaking from vehicles. Because of MTBE's solubility in water and resistance to decomposition, it moves rapidly in groundwater--indeed, faster than do other gasoline components such as benzene, ethylbenzene, toluene, and xvlene, MTBE is also more difficult to remove from water than other gasoline components.

The potential effects of MTBE on hu-

man health depend on how much MTBE is present in water and the length and frequency of exposure. Exposure can occur from direct consumption of water as well as by inhaling MTBE vapors re-leased from water while bathing or cooking. However, it is unlikely that adverse health effects would occur from expo-sure to water containing MTBE. At water levels that would make it likely for adverse health effects to occur, people would generally find the water undesirable to drink. MTBE has an unpleasant odor and taste, and some individuals can detect the presence of MTBE in wate (and air) at very low levels.

MTBE has been shown capable of causing cancer and kidney, reproduc-tive, developmental, and nervous system toxicity in laboratory animals exposed to large amounts. There are no data on the effects on humans of drinking MTBEcontaminated water. In laboratory tests on animals, cancer and non-cancerous effects occur at high levels of exposure. These tests were conducted by inhalation exposure or by introducing the chemical in oil directly to the stomach.

The tests support a concern for po-

were not exposed through drinking water, there are significant uncertainties about the degree of risk associated with human exposure to low concentrations typically found in drinking water.

The U.S. EPA has issued a drinking water health advisory with a lower limit of 20 parts per billion on the basis of taste and odor thresholds. This advisory is intended to provide a large margin of safety and levels are in the range typically provided to war of potential carcienic effects. These limits are about 20,000 to 100,000 (or more) times lower than the range of exposure levels in which cancer or non-cancer effects were observed in rodent tests. Based on a recent taste and odor study. California has set five parts per billion as the aes-thetic standard for drinking water. On board Navy Mid-South, there are

five drinking water wells that supply wa-ter to our system. Two of the wells are approximately 500 feet deep, and the other three are approximately 1,500 feet deep. We tested all five wells for MTBE on Feb. 9 at a local laboratory in Memphis. The results show that we are Below Quantitation Limit on all five wells. BQL means that any levels of the chemical in our water were below what the lab's machine could detect. The ma-chine can read to a level of one part per billion. Therefore, we do not have MTBE

in our drinking water!
For more information on MTBE,
please call James Heide or Tonya Barker at your Public Works Department, Environmental Division, at 874-5367 or 5462. Also, to read more about MTBE, see the following web sites:

http://www.epa.gov/safewater/

http://www.acwanet.com/legislation/

regulatory/MTBEstatus.html
http://www.dhs.ca.gov/ps/ddwem/
chemicals/MTBE/mtbe\_overview.html http://www.water.wr.usgs.gov/mtbe/

#### Remember: pharmacy needs three days or more to process refills

By HMC Stacy Murphy Branch Medical Clinic Pharmacy

All prescription medicine refills at the Navy Exchange pharmacy annex are filled by an automated prescription processing system at the Naval Hospital Pensacola pharmacy. They are shipped five days a week via FedEx to Millington. Your refills are processed according

to the following schedule: --Patients call in refills to 1-888-513-

- --Refill is filled by Pensacola on day one (day after call-in).
- --Refills are shipped on day two.
  --Refills are ready for pickup by pa-

tient after 9 a.m. on day three

Your refills are not shipped on Saturdays, Sundays or holidays. Please plan ahead; if you call in your refill on a Fri-day, Saturday or Sunday, it will be ready for pickup on Wednesday at 9 a.m. If there is a Monday holiday in addition to the weekend, your refill will be ready for pickup on Thursday at 9 a.m.

Please pay close attention to the day your refill will be ready for pickup, because it will not be on the premises any earlier. The touch-tone refill service at 1-888-513-4164 will allow you to refill your prescription when you have used 75 percent of your medication (i.e., if your quantity is 90 tablets and you take 1

tablet a day, you may call your refill in when you have approximately 20 tablets left). If you are having difficulty calling in your refill early enough so that you don't run out of medication, please call our pharmacy personnel at 874-6162 or 874-6121, or stop by in person for as-Please make every effort to call in

your refill early enough so that the three-day processing is taken into account. In the event that you will run out of medication before your refill can be pro-cessed, please stop by and our pharmacy will assist you and ensure that you do not go any day without your medication.

#### Instruction clarifies screening for overseas

Based on fleet feedback, the language in the Officer and Enlisted Transfer Manuals is apparently not clear con-cerning overseas screening for follow-on overseas personnel assignments.

To clarify the overseas screening requirements, the following interim change to the manuals applies, quoting COMNAVPERSCOM MILLINGTON TN

011500Z MAR 00: "a. For all overseas to overseas assignments, transferring commands must screen service members and family members to determine their suitability

"b. The screening commanding officer may waive the medical portion of the overseas screening if the transferring and gaining commands are serviced by the same medical treatment facility and no known medical disqualifying issues exist."

These changes will be in the next edition of the transfer manuals. For more information, see the PERS-45 website at www.bupers.navy.mil/PERS451.

## **Commentary**

# Captain's log

and the base is bustling with activity! The new CITGO station is going up very quickly at the corner of Singleton and Wasp, When open, it will feature gasoline pumps, a mini-mart (to replace the Navy Exchange Mini-Mart on Navy Road) and Taco Bell Express.
This will be a hybrid facility. While

DoD civilians and the general public are welcome to use the Taco Bell Express and purchase other prepared food items, which will be defined more clearly as the inventory is developed, the purchase of gasoline and convenience items in the mini-mart will be restricted to authorized

Another construction nearing comple-tion is the renovation of First South Credit Union. This project, which was planned and funded by First South, will include drive-through teller service, expanded parking, and upgraded landscap-ing. It will greatly enhance the appearance of that area of the base and will improve the quality of service to the credit union's customers.

The renovation of a former barracks building (S-456) adjacent to the Branch Medical Clinic and across the street from the Food Court is making good progress as well. This will be Navy Mid-South's new Community Services Center, providing one-stop shopping for many in personnel support functions. Starting in May, and progressing through June, the Personnel Support Detachment, Family Service Center, TRICARE Service Center, Human Resource Office, and Navy Marine Corps Relief Society will move from various locations into this new building. Locating these various serto our customers, but also, these staffs should be more efficient, with better com-munications support and saving our taxpaver dollars by reducing the numbers of buildings NAVSUPPACT Mid-South must light, heat, air condition, and pro-tect. Exact dates of the transition of these staffs to their new headquarters will be advertised as they approach.

Another grand opening on the horizon is the new Teen Center at Pat Thompson Theatre. Unleashing Navy Mid-South teen power and creativity, the old Mexican Restaurant off the central lobby has been transformed into a "place of their own," complete with comfortable furniture, television sets/video play stations, pool table, and eventually, comnuter workstations with internet links in much the same fashion as our state-of-the-art Ellison Recreation Center.

Even before they had a center of operations, the newly formed Teen Council has been coordinating a variety of activities for the base's 13-17 year olds, including dances, bowling excursions, trips to the mall and to see professional hockey games. Our teens are great-enthusiastic, fun-loving, creative, and anxious to make a difference for teenage family members of active duty, reserve, retirees, and DoD civilians personnel. Our Teen Program staff is like-wise full of energy and dedicated to pro-viding high-quality, wholesome recreational alternatives for our young people I appreciate their commitment. If you are a teen's parent or an interested teen, you can check up on upcoming teen events at any time through www.mwrmemphis.com <http://



Captain Diane L.H. Lofink

www.mwrmemphis.com/>, and select Teen Program.

As in any military organization, fami-lies move on, and some of our original Teen Council members will be moving in the coming months. If you know a mature, creative teenager who would like to have a direct impact by shaping Navy Mid-South's Teen Program, please con-tact Bobbie, Crystal, or Chris at 874-5163. What a difference both our Teen Council members and our Teen Program coordinators are making for the quality of life for Navy Mid-South families!

A Navy Mid-South teen may be selected out of four candidates from our claimancy to represent us at the annual Teen Summit, tentatively scheduled for July 10-22 in the Solomon Islands and in Washington, D.C. This is an important event with worldwide influence within DoD! Ourteens are our future. It is critical that we listen to our young people and get involved in their lives! Watch for details on the grand opening of the Teen Center and lend your support to them and to this important program by

## Chaplain's corner

Is this all there is?

By Chaplain (Cmdr. (Sel)) Greg Darden

"Is this all there is?" It was a question put to me not long ago by a young woman in her twenties. Her question was about life. She had recently lost a loved one and that death brought her own mortality home to her. Following the question, "Is this all there is?" were second and third questions: "What purpose does life have?" and "Does life mean anything, especially if we are all going to die?"

These are questions that all of us ask some time in our lives. They are important questions both to ask and to answer. How they are answered often depends on what one comes to believe and understand about life. I answered her as a person who is a Christian and a minister of the gos-

To her question, "Is this all there is?" I told her yes, if you do not be-lieve that there is a God. This life is it, no matter how long or short it turns out if you believe there is no God However, for me this is not all there is. For this mortal life is but one step of the journey to those who believe in God, and who trust that God conquered death in the resurrection of Jesus. This world, this life is but one part of God's plan for those who believe in and trust in him.

Secondly, for the Christian, life has

a purpose. That purpose is to serve God and to enjoy God's blessings in this life. You may think that to be simplistic; but in fact, to serve God gives a greater purpose to life than anything else one can imagine. For in serving God, one's life is in service for eterna purposes. The Apostle Paul says in his letter to the Romans: "And we know that all things God works for the good of those who love him, who have been called according to his purpose" (Rom.8:28)" Life has purpose for those who believe, trust, and serve God.

Finally, I told the young woman that life does have meaning; that indeed, everyone dies, but that the Christian does not have to fear death. For Chris tians, death is but the birth into new life, life in the presence of God. She looked at me with questioning eyes and said, "Is that really true?" I told her yes, it is really true. Many of you reading this article might also being asking the same thing: "Is this true?" And to you I say, yes, it is. Death does not have the final say.

Life has both meaning and purpose And there is more to life than being born only to die. For the Christian, this life is only the beginning life, with the best still to come!

### Tornado watch--tornado warning--the Fujita Scale: springtime weather companions

By Larry Proctor Consolidated Safety Office

\*Tornado watch... tornado warning... the Fuiita Scale."

This phrase describes the sequence of events that occurs when a tornado passes through a "prepared community." In this case, a prepared community is defined as a community that has a se-vere weather early-warning system, as we do here in Shelby County. (If you want to get an idea of how important these systems are, go to http://

www.tornadoproject.com and read about how deadly tornadoes can be.)

Early storm warnings begin with the National Weather Service, which constantly monitors the weather conditions here and across the nation. If a severe storm cell is spotted moving into our area, they will issue a severe weather bulletin using local broadcast media and a special radio frequency assigned to the National Oceanic and Atmospheric Ad-ministration. This frequency broadcasts constant local weather conditions for weather channel radios.

If weather conditions develop to the point where a tornado could possibly form, then a TORNADO WATCH is issued. When this condition is issued, everyone needs to monitor weather conditions and be prepared to go to a safe area if they get worse. If an actual tornado is spotted on radar, or by "spotters" who report sightings to the NWS,

then a tornado warning is issued.
When this warning is issued, the
Memphis/Shelby County Emergency
Management Office activates the sirens in Shelby County. It is the office's policy to sound all the sirens in the county if a tornado is spotted anywhere in Shelby County. The reasoning behind this policy is that additional tornadoes can suddenly appear anywhere within the storm cell when conditions are right, and fast-mov-ing tornadoes can change their direction of travel at any time. So sometimes the sirens will still be sounding for quite a while, even after a tornado has passed

through our area.

An example of this occurred this past
Feb. 18 when the sirens on base were operating, yet the weather here didn't look that threatening. South Shelby County and northern Mississippi, though, were getting hit pretty hard with flooding, hail, high winds and a reported tornado. So when the sirens are sounding, we need to "err on the side of safety" and seek shelter.

Where you seek shelter depends on

where you are. If you are at home, get everyone inside and go to the lowest point in the house, such as a basement.Otherwise, go to the center of the house to a small room or closet, away from windows and under some-thing sturdy, like a table.

If you are at work, go to the interior hallways of the lowest floor of the build-

ing. The more walls between you and the outside, the better. Stay away from outside doors, windows, bookcases or other large pieces of furniture that might be thrown around during high winds.

If you are in a mobile home, RV or auto, then you need to go to the near-est storm shelter. If in a building with a large, open span, such as the gym, you need to move to another section of the building where the walls are closer to gether, thus offering more support. Two buildings on Naval Support Activity Mid-South that are designated as storm shel-ter buildings are S-750 and S-751.

If you are in a car and see a funnel cloud approaching, you need to take other shelter immediately, or physically get down in a ditch or culvert. These storms can move at a high rate of speed so its not recommended to try and out-run them. Remember that the severe winds that come with a tornado can be over a mile wide. If you hear what sounds like the roar of a train, or you see that the rain is moving horizon-tally rather than vertically, then the tornado is upon you. Get to your place of shelter and stay low.

You may get hit with the fury of ex-treme winds, then experience a short calm period, only to be hit by extreme winds again. That means that the eye of the tornado has passed directly over you. Don't get up right after the first dan-ger passes. Wait several minutes after-wards to make sure it is out of the area before going outside. Watch for downed power lines, open gas lines, and unsafe structures and debris. After a tornado event is over, an NWS

official will do a survey to rate how in-tense the storm was using the Fujita Scale. A professor Fujita and Allan Pearson, the director of the National Severe Storm Forecast Center, developed the Fujita Scale in 1971. The scale goes from F-0, with winds of 40-72 mph, to an F-5 with winds reaching 261-318 mph. An F-5 tornado will peel the black-

In May 1999, during an outbreak of 78 tornadoes in just 21 hours, an F-5 was recorded for 38 miles through South Oklahoma City. It killed 46 people, injured 800, and caused \$1.5 billion in damage. In 1999 there were 1,225 twisters in the U.S., down from 1,424 recorded in 1998. Already this year, Texas, Arkansas, Mississippi, Tennessee and Georgia have been hit by deadly storms. killing 26 people and destroying millions of dollars in property. So be "prepared," like your commu-

nity. Know what to do if a tornado watch/ warning is issued. Have a plan in place identifying the nearest shelter, and take heed when you hear the sirens. Remem-ber that they are tested every Saturday at 12 noon during clear weather. Keep an emergency kit handy. It should have at least a first aid kit and a flashlight with extra batteries, plus a battery-pow

For more information, you can con-



### See Gordon M. Bethune

CEO and Chairman of the Board for Continental Airlines

Tuesday, April 11 10 a.m. and 2 p.m. Blue Theatre Pat Thompson Recreation Center

He was a White Hat, chief petty officer, commis-sioned warrant officer, commis-sioned officer.

LEARN HOW HE USES: -TEAMWORK --CUSTOMER SERVICE he Laureat

-EMPLOYEE RELATIONS Gordon Bethune will discuss how

he turned Continental Airlines from bankruptcy to profitability through out-standing customer service and im-proved employee relations. He was ranked 6th among the 50 best CEO's in America and one of the top 25 glo-

Continental is ranked 23th among 100 best companies to work for in America. Continental was Airline of the

Year for 1997, named "Best Managed" in 1998 and winner of J.D. Po Award for customer satisfaction for three of the the past four years.

Learn why customers come back! Learn why employees take pride in their company!

### Your TRICARE **Benefits**



#### What is a health benefits advisor?

By Dottie Plant TRICARE Health Benefits Advisor Branch Medical Clinic

A health benefits advisor is a govern-ment employee who works at a Military Treatment Facility representing beneficiaries' interests when dealing with TRICARE/CHAMPUS issues. They counsel individuals and provide briefings to discuss the three different options under the TRICARE health care system. They resolve billing issues with the claims processor and work in conjunction with the managed care contractor

(Humana Military Health Services) for

valuable assistance with the TRICARE Family Member Dental Plan and the Retirees Dental Plan as well as Medi-

care and other health insurance.

Our local health benefits advisors are located in the Branch Medical Clinic at 5722 Integrity Drive, Building S-771. You may contact them with any TRICARE questions or concerns at 874-6111, 6112/6107, or toll free by calling 1-877-209-8169. You may also contact them via e-mail at tricarebmc@mlh10.med

Executive Officer ...
Public Affairs Officer

This civilian enterprise newspaper is an authorized weekly publication for members of is confirmed, the publisher shall refuse to print advertising from that source the military services. Contents of the <u>Blusiacket</u> are not necessarily the official views of or until the violation is corrected. Published by The Millington Star, a private firm endorsed by the U.S. Government, the Department of Defense or the Department of the in no way connected with the U.S. Navy, under exclusive written contract with Navy. The appearance of advertising in this publication, including inserts, the Commanding Officer, Naval Support Carchity Mid-South, Millington, Tenses, the products or services advertised.

The products or services advertised.

Everything advertised in this publication shall be made available for purchases, use or be submitted no later than noon the publication patronage without regard to the race, color, religion, sex, national origin, age, marital Editorial content is edited, prepared and provided by the Public Affairs Office of status, physical handicap, political affiliation, or any other nonmerial cat of the purchases. Naval Support Activity Mid-South.

### Hunter will be new leader of PSD Memphis

On Monday, April 3, Lieutenant Tim Hunter will relieve Lt. Commander (Se-lect) Erin Snow as the officer in charge of the Personnel Support Activity De-tachment Memphis. Ceremonies will begin at 10 a.m. in the Helmsman Club with a reception to follow. PSD will be closed from 10 a.m. until 2 p.m. so that personnel will be able to attend the festivities.

A native of Tyrone, Pa., Lieutenant Hunter entered the U.S. Navy in August 1985, and was commissioned an ensign via the Limited Duty Officer Program in 1995. Hunter earned his degree from Pennsylvania State University, majoring in elementary education.

Hunter served as an enlisted Sailor for 10 years. He graduated from recruit training in Great Lakes, III., and was assigned to Personnelman "A" School, Naval Technical Training Center Merid ian, Miss. After completion of PN "A" School, he reported to the USS Theodore Roosevelt (CVN 71) in January 1986. While assigned, he was selected as Junior Sailor of the Quarter for the third quarter.

In August 1989, he was transferred to the Personnel Support Activity Detachment, Yorktown, Va. During his tour he was selected as the Senior Sailor of the Quarter for the third and fourth quar ters for 1990. He was also selected as the command Sailor of the Year for 1990. In June 1993, he transferred to the USS Enterprise (CVN 65), While assigned, he was selected as Senior Sailor of the

Quarter for the fourth quarter 1994 and Senior Sailor of the Year for 1994. After commissioning in 1995, he served as personnel officer onboard USS Dwight D. Eisenhower (CV 69). Next, he reported to Navy Personnel Com-mand, Millington, where he became the Survivor Benefits Plan program manager (PERS-622). During his tour at PERS-622, he was selected to be the executive assistant to the Assistant Commander, Navy Personnel Command for Distribution

He is authorized to wear the Navv Commendation Medal (four awards), Navy Achievement Medal (five awards), Navy Good Conduct Medal (three awards) and various campaign and ser-

Lt. Cmdr. (Select) Erin G. Snow graduated from Southeastern Louisiana University in 1988 with a bachelor of science degree in applied mathematics



Lieutenant Tim Hunter



Lieutenant Commander (Select) Erin G. Snow

In May 1989, she received a direct appointment to the United States Naval Reserve to teach at Naval Nuclear Power School, Orlando, Fla. Upon completion of Officer Indoctrination School, Newport, R.I., she was commissioned in Noport, R.I., she was commissioned in No-vember 1989 and reported to NNPS in January 1990, initially assigned as an instructor in the Enlisted Physics Divi-

During her tour. Snow subsequently qualified to teach two additional sub-jects, Reactor Principles and Heat Transfer and Fluid Flow/Mechanical Theory for Mechanical Operators, She was appointed division officer of the Enlisted Heat Transfer Division, where she was responsible for training and preparing enlisted and officer staff to qualify to teach. Throughout her tour, she taught several thousand machinist's mates, electrician's mates and electronics technicians preparing to enter nuclear prototype units prior to manning

In July 1993, Snow transferred to the Naval Academy Preparatory School, Newport, R.I., as an instructor in the mathematics department, where she taught advanced calculus, algebra and trigonometry to Navy, Marine Corps, Coast Guard and Merchant Marine midshipmen candidates seeking appointment to the respective servi

emies. She was later appointed assistant mathematics department supervi-sor, and was responsible for curriculum development, professional development and training of officer and civilian per-

sonnel assigned to teach.
In July 1995, she reported to Naval
Postgraduate School, Monterey, Calif., and later earned a master of science degree in operations research, with emphasis in joint and naval warfare, in September 1997.

Her thesis is titled, "Effects of Per-sonnel Injuries on Commander-in-Chief Mission Readiness.'

In October 1997, she reported to Memphis, Tennessee, as the prospec-tive officer in charge, Personnel Support Activity Detachment, Memphis, and later Activity Detactment, Memphis, and later assumed duties of officer in charge in February 1998. She was transferred to the regular component of the United States Navy in November 1999. She was selected for promotion to lieutenant com-mander in August 1999.

Lt. Cmdr. (Select) Snow wears the Navy Commendation Medal, the Navy

Achievement Medal and the National Defense Service Medal. She is a native of New Orleans, La., and is the daughter of Melvin and Rosanna Guidroz. She resides in Arlington, Tenn. with her two sons, Ian (4) and Alexander (2).

### **OUALITY CORNER**



NAVAL SUPPORT MID-SOUTH MILLINGTON. TENNESSEE

The Quality Corner features individual Naval Support Activity Mid-

#### **PUBLIC WORKS DEPARTMENT MISSION**

The mission of the Public Works Department is to enhance Navy Mid-South quality of life for all military and civilian personnel by providing quality public works services that maintains and improves infrastructure and the physical environment, utilizing a highly-skilled and motivated workforce.



#### Navy Personnel Command Sailor of the Year

FY-00 Navy Personnel Command Sailor of the Year Hospital Corpsman First Class Clifford White (center), Captain Jim Jarrell (right) (PERS-6), and White's wife, Linda, take a minute during the awards ceremony to talk about the importance of volunteer support for both the military as well as the civilian

#### Civil Air Patrol wants new members

The Civil Air Patrol, an auxiliary of the U.S. Air Force, is recruiting senior mem-

bers and cadets ages 12-18.

CAP offers training in self-discipline and leadership as well as aerospace education to cadets. Parents joining as senior members have the opportunity to be involved also. CAP is involved with search-and-rescue missions involving civil aircraft. The Millington Squadron meets on the first and third Tuesdays of

the month at 7 p.m. on the second floor of the Millington Airport Control Tower Call Lt. Philip Keith (901) 872-6055 for more information.

The Memphis Belle Squadron meets

each Tuesday evening at Tennessee Air National Guard. Call Maj. J.T. Langston, (901) 754-8432, for more info. Membership authorizes senior members to take flying lessons at Memphis Navy Flying Club, Call 872-7793 for details.

### Household hazardous waste collection will be on base

The Shelby County Environmental Improvement Commission, Memphis and Shelby County Health Department, Memphis Light, Gas and Water Division, Naval Support Activity Mid-South, Tennessee Department of Agriculture, Tennessee Valley Authority, the U.S. Envi-

ronmental Protection Agency, the University of Tennessee Agricultural Extension Service, and the Tennessee Depart-ment of Environment and Conservation will hold the fifth annual Household Haz ardous/Agricultural Waste/Pesticide Collection Event on Saturday, May 13



CNRC Adopt-a-Road program participants walk along Highway 51 pick-ing up trash to help keep the Millington community clean.

#### A little TLC for Highway 51

by JO3 Bashon W. Mann

The Commander, Navy Recruiting Command Adopt-a-Road program set out once again recently to clean up the streets of Millington along High-

On Friday, March 10, several members of CNRC were out on their own mile-and-a-half stretch of road to help clean and preserve our area. The Adopt-a-Road program helps to bring the community and its residents together in a united cause for a cleaner, safer environment.

Information Technologist First Class (SW) James Gilbert, CNRC's coordinator for the program, is extremely optimistic about the increased presence of the Navy in Millington.
"Now that spring is in full bloom it is going to become a monthly thing for

The weather that Friday was tremendous and the CNRC participants were able to spend well over an hour

on their stretch of road. "This is special because it allows the community to see that the Navy and CNRC are interested in helping community beautification efforts," continued Gilbert. "In addition, it allows CNRC to spread Navy awareness to the masses

One participant, ITSN Letitia A. Collins, who was participating in her first community support role as a Sailor, said the experience was one she will look forward to participating in again. "It was good to see everyone come and support a team effort like the Adopt-a-Road program," said Collins, who is a desktop support analyst for CNRC. "When you do some-thing like this to help your community, it makes you feel good to know you have helped to make things bet-

ter for everyone around you."

Gilbert acknowledged the many inquiries he has had from other commands about how to get started in the Adopt-a-Road program, For more information, you can contact Carolyn George, chairman of the Millington City Council, at 901-872-5151.

The collection center will be located in the east parking lot of Naval Support Activity Mid-South at the Willis Gate on Wasp Avenue and Navy Road. The site will be open 8:30 a.m. until 2:30 p.m., May 13. Shelby County residents may bring up to 100 pounds of hazardous items per household. Farmers may bring their agricultural/pesticide waste such as insecticides, fungicides, defoliants,

and growth retardants.
Francis "Bubba" Winkler of the SCEIC has held the most productive HHW col-lection in the state of Tennessee in the past, and believes that adding the agricultural pesticide collection this year will be a great asset to the farmers, "The public's support for this free service has been tremendous. Last year over 150 tons, or over 300,000 pounds of hazardous household items, were collected This represents an increase of almost 70 tons from our previous year's total. Winkler encourages everyone in Shelby County to look around their homes, gather the hazardous items and take them to the site.

Winkler says that "the proper disposal of hazardous household items prevents home poisoning, protects local groundwater, and provides a legal method of disposal for items that can-not be placed in normal garbage con-tainers. Oil-based paints, flammable liquids, caustic cleaners, automotive care products and pesticides are examples of the household hazardous waste items that should be brought in for proper disposal." Items that will not be accepted are empty containers, medical wa explosives or ordnance, radioactive ma-terials, or any wastes generated by commercial enterprises.

"You can stay in your car and have our professional staff remove the items you have collected," states Winkler
"Last year the whole process took less than 15 minutes for the average car. This service was appreciated by the residents participating and many called inquiring as to the next scheduled collection

For further information, please contact the Shelby County Environmental Improvement Commission at 387-5707, or email <a href="mailto:sceic@bellsouth.net">sceic@bellsouth.net</a>. Volunteers are also needed for each site. Volunteers must be 18 or older.

### MID-SOUTH CHIEF PETTY OFFICERS

cordially invite you to attend their 2nd

### CPO DINING IN

Friday, April 14th Helmsman Club Ball Room and CPO Club

Cocktail Hour Starts at 6 n m Receiving Line starts at 6:30 p.m.
Uniform: Dinner Dress Blues or Mess Dress Blues

Tickets on sale through tomorrow \$10 per Chief Petty Officer

POC FOR TICKETS:

YNCS (SW) Shawn Newcoste (PERS-3) CTMC (SW) Wayne Clarke (NPC 408) PNC (AW) Jeff Lovell (PSD) YNC (SS) Wade Reynolds (NPC 403)

HMC Dawn Fuston (NPC 407)
HMC (FMF) Barbara Dwyer (NPC 407)
NCC (SW) Annie Cynkar (NSA)
CTIC (AW/NAC) Jon Port (CNRC)



'Seek opportunities to better serve customers."

Submit comments to: smillican@navsuppact-midsouth.navy.mil

## Flier refused to lower her goals

By Sergeant First Class Stephen Barrett, U.S. Army American Forces Information Service

As a child, Jacqueline Cochran scavenged the Florida beaches for clams and crabs to supplement an inadequate diet. At 10 she worked for six cents an hour pulling 12-hour night shifts in a North Florida sawmill.

Yet Cochran battled through these tough times, pulling her-

self from an orphaned and neglected childhood to become one of America's most outspoken and accomplished pilots. In her 1993 book Women with Wings, author Mary Cadogan said Cochran challenged the male-dominated skies most of her life. Cadogan wrote that Cochran refused to set her aviation ister Cadogan who that Codhan retused to set he available standards lower than any male pilot. Cochran showed no interest in setting gender-based flight records.

Still, Cochran's accomplishments set the standards for

women aviation through three decades. In 1938 she became the first woman to win the Bendix Transcontinental Air Race. one of the most prestigious events in aviation. That same year Cochran received the Harmon Award as America's best female aviator—an award she captured again in 1939.

Scratching and clawing her way to the top wasn't new for Cochran. Throughout her childhood she had to battle to get the things she wanted. Orphaned at birth, she twice ran away from her adoptive parents, trying to improve her life. At 14 she moved away the property of the control of the away, taking a job as a hairdresser.

Oddly, it was Cochran's involvement in cosmetics that got her into flying. Cochran's involvement in cosmetic deals took her from Florida to New York. By 1930 she was working for Saks' Fifth Avenue and shuttled between New York and Miami

While working in Miami one winter, she met Floyd Odlum, a millionaire Wall Street financier with ties to many politicians, including President Franklin D. Roosevelt. In listening to Cochran's future business plans Odlum casually mentioned she

contrains future business plants ocumin casually rientitioned sine needed wings for her road trips.

Cochran took up the suggestion, earning her pilot's license in three weeks and a commercial pilot permit in 1933. She then established a cosmetics business, flying between her salon in Chicago and a cosmetics laboratory in New Jersey.

Her career as a businesswoman and aviator took off. In 1936, she married Odlum and moved to California where she started meeting her husband's social, business and political contacts.

With World War II imminent, Cochran wanted to do her part

for the American war effort. She wrote a letter to Eleanor Roosevelt, lobbying for training and using women pilots in handling commercial air duties. Cochran argued this would release males for combat duty. Although the plan received some attention, there were no immediate plans for the program.

Determined to help the war effort, Cochran got permission from the Army Air Forces General Henry "Hap" Arnold to ferry a bomber from the United States to England. However, she had to agree to a military pilot performing takeoffs and landings because military pilots resented a female civilian flying a bomber.

While in England, Cochran met British pilot Pauline Gower, who headed the British Women's Air Transport Auxiliary. Gow asked Cochran to recruit American women pilots for British fe

By Pam Branch

Quiche Lorraine

rying duties. Cochran took the challenge and by 1942 had 24 women flying ferry missions in support of the Allied effort. Meanwhile, the similar U.S.

program Cochran had

suggested in

the late 1930s kicked off in Jacqueline Cochran waves from the cockpit of her plane

months after the Japanese bombed Pearl Harbor, Hawaii, pilot Nancy Harkness Love organized the Women's Auxili

Cochran returned from Europe that autumn. She felt betrayed that the American military leadership would start a program without her and lobbied the military leadership into

giving her a high-ranking squadron position.

She received control of all pilot training, while Love had control of ferrying missions. Eventually the two groups merged into the WASPs-Women's Airforce Service Pi-

lots, with Cochran becoming director of women pillots.

She continued to fly after the war, holding all women's avaitation records for straightaways and closed-course flight except one. With the help of Chuck Yeager, the first man to break the sound barrier. Cochran became the first woman to break it in 1953. Eleven years later, she flew twice the

Cochran also continued her business success. She served as board chairman of Jacqueline Cochran, Inc., a cosmetics firm. Yet despite her accomplishments. Cadogar wrote that Cochran was not popular among her contempo-raries. Although heading many women aviation groups, Cochran regarded prestigious female flying events as second best and preferred to compete against men. She'd appear at women's functions only as an advisor or bene

Corps during the 1950s. She failed to endorse women pi-lots vying for the Mercury astronaut training program. Be-cause of this, Cochran found herself alienated from her peers, a resentment that lasted to her death in 1980. Still, Cochran's devotion to aviation helped pave the way

for women who fly today's helicopters, fighters and space shuttles. Her speed records, broken long ago, remain as a part of women's aviation history.

Cochran wasn't content with being the best fe

lot; it was her belief she could be the best pilot. Although described by Cadogan as an "outrageous individualist," Cochran cared for her work and her country—something she proved in her 40-year aviation career.

Combine first four ingredients. Stir in oil. Set aside one

fourth of mixture. Press remaining mixture in bottom and up sides of nine-inch quiche dish. Prick bottom and sides with a fork; base 10 minutes at 350 degrees. Combine eggs, sour cream, mayonnaise, and broth. Stir in chicken, cheese,

onion, dill, and hot sauce; pour into prepared crust. Sprinkle reserved crumb mixture over filling; top with pecan halves Bake 45 minutes at 325 degrees. Serves 6-8.



If you think your family is dysfunctional, then go see this film and you'll feel exceptionally normal. Directed by Sam Mendes, this black comedy/drama stars Kevin Spacey and Annette Bening portraying an unhappily married couple trapped in suburbía

Lester Burnham (Spacey) hates his job, his life and his marriage. One day he goes into work only to be told he's being let go due to downsizing. In this very funny scene, he decides he won't leave quietly and ends up turning the tables or his sleazy boss, departing triumphantly. Lester then descends into a severe midlife

his sleazy boss, departing tirumphantly. Lester then descends into a severe midlic crisis made worse by his socially-climbing, shrewish wife, superbly played by Annette Bening, and his surly teenage daughter Jane (Thora Birch). To make matters worse, Lester develops a lustful crush on Janes' fellow cheerleading girffriend, Angela. His bumbling efforts to filir with the young Lolita are both funny and painful to watch. Meanwhile, the neglected daughter is becoming involved with their new neighbor, an enigmatic young man who has a penchant for spying electronically on his neighbors. He funds this voyeurism by selling drugs (mostly to Lester) under the nose of his strict, homophobic, militant father.

As the characters lives become more intertwined, everyone begins to spiral

As the characters lives become more intervinned, everyone begins to spiral out of control, leading to the film's unexpected climax. This film can best be described as bizarre but brilliant. NOTE: "American Beauty" won best picture at the Academy Awards Sunday night. Sam Mendes won best director; Kevin Spacey won leading actor, and the film won in the "original screenplay" and "cinematography" categories.

The Cider House Rules Lisa's rating:

This heartwarming coming-of-age movie, adapted from the John Irving novel of the same name, stars Michael Caine, Tobey Maguire and Charlize Theron. Set in rural Maine, the movie opens with the birth of Homer Wells (Tobey Maguire), whose unwed mother has come to the orphanage that Dr. Wilbur Larch (Michael Caine) runs. When Homer is given up at birth, the kind doctor tries to find him a family of his own. When these efforts fail, Homer becomes a lifelong resident and the son that Dr. Larch never had. As he becomes older, he

illeriong resident and the son that Ur. Larch never head. As he becomes order, he begins assisting Dr. Larch in delivering the babies of the young mothers who come for help. Homer also becomes a surrogate father to the other orphans, but as he enters adulthood, he longs to escape his life and responsibilities. One day a young air force fighter pilot, Wally (Paul Rudd) and his pretty girlfriend Candy (Charlize Theron) meet Homer at the orphanage. He hitches a ride with them back to their hometown, where he finds work at Wally's family's apple orchard. When Wally returns to the war, Homer and Candy become romantically involved, and it is at this time that Homer really starts to grow into a man. In the meantime, Dr. Larch tries his utmost to convince the prodigal Homer to return to the only home he's ever known. Herein lies his dilemma-

whether to return to where he is needed, or stay and enjoy his new life.

This film is very engaging and well-acted. Michael Caine deserves his award and he is a pleasure to watch.

NOTE: Michael Caine won best male supporting actor for "Cider House

## The Sixth Sense Lisa's rating:

The Sixth Sense is one of those movies that will scare you, move you and keep you on the edge of your seat the entire time.

Young Cole Sear, portrayed by Haley Joel Osment (who was nominated for Best Supporting Actor), plays a young boy who is tormented by visions of dead people. Bulled and teased by his classmattes for being "weint," and too afraid to confide in his loving mother about his terrifying visions, he is almost driven to the brink of madness

Enter psychiatrist Dr. Malcolm Crowe (Bruce Willis), who makes it his mission to save Cole after having failed to help one of his former patients who committed suicide in front of him. Although he doesn't believe in the spritt world, he slowly comes to the realization that his young charge is a conduit for the other side and tries to help him understand why he has been chosen to

the other side and thes of help in understand why he has been chosen to help the tortured souls who have come to him for assistance. While the good doctor is helping Cole, he is also desperately trying to sal-vage his own marriage that appears to be falling apart before his eyes. It's nice to see Bruce Willis in an outstanding role that shows off his acting ability. You can truly feel his frustration and his sense of failure in his efforts to save both

Pay close attention to the details in this movie or, like me, you'll need to see it twice to catch all the twists and turns that the movie takes.

#### Dash of cayenne pepper 1/4 teaspoon nutmeg Paprika 2/3 cup Swiss cheese, halved 6 slices bacon

Quiches that everyone will enjoy, even real men

- 1 small onion, chopped 1 cup grated Cheddar cheese 1 (9-inch) pie crust, unbaked
- 4 eggs
- 1 cup milk 1/2 cup sour cream 1 teaspoon salt

- 1/4 teaspoon pepper 1/8 teaspoon nutmeg (optional)

Preheat over to 375 degrees. Fry bacon until crisp; drain and crumble. Cook onion in bacon drippings until soft; drain. and durinole. Look orition in bacon drippings until soft, drain. Sprinkle cheese on bottom of pie crust. To pwith bacon and onion. In large bowl, beat eggs slightly. Stir in remaining ingredients; pour into pie crust. Bake 45 minutes or until done. Chopped ham or sausage (fried and crumbled) may be substituted for the bacon.

#### THE CUPBOARD

Melt margarine and sauté bacon until golden brown. Remove

metr Inargarine and saute baccon unit globen brown. Retnove from pan and reserve. In same pan, sauté onion until soft. Spread bacon evenly over pie crust. Spread one-infrid cup of cheese on bacon. Mix half-and-half or milk with basil, eggs, salt, and pep-per. Mix well. Add nutmeg; mix. Pour evenly over items in pie crust. Dust with paprika. Bake 20 minutes at 400 degrees. Re-

duce oven to 350 degrees and bake until custard sets

#### Chicken Quiche

1 uncooked pie shell

Dash of pepper

1 tablespoon margarine 4 slices Canadian bacon

1 medium onion, chopped

2 cups half-and-half or milk

1/4 teaspoon dried basil

- 1 cup self-rising flour 1 cup (4 ounces) shredded sharp Cheddar cheese 3/4 cup chopped pecans

- 1/4 teaspoon paprika 1/3 cup vegetable oil 3 eggs, beaten 1 (8-ounce) carton sour cream
- 1/4 cup mayonnaise or salad dressing
- 2 cups cooked chicken, chopped 1/2 cup (2 ounces) shredded sharp Cheddar cheese
- 1/4 cup minced onion
- 1/4 teaspoon dried dill

#### Cheese Quiche 12 ounces grated Cheddar che

- 1 tablespoon flour 1 large onion, sliced
- 2 tablespoons margarine
- 1 (9-inch) pie crust, unbaked
- 1 cup milk 1 egg plus extra yolk 1/2 teaspoon salt
- Pepper to taste

se and flour together and set aside. Melt m garine in skillet and sauté onion until tender, breaking into rings. Line pie crust with most of the onions. Top with floured cheese. Place remaining onions on top. Combine remaining ingredients and pour over top. Bake in a preheated 400-degree oven for 15 minutes; reduce to 325 degrees and bake an additional 25-30 minutes or until filling sets.

Don't forget to send your favorite recipes to Public Affairs Office, NAVSUPPACT Mid-South, building S-455, Room 128, 5722 Integrity Drive, Millington, TI 38054-5045. Inputs may also be e-mailed to pbranch @navsuppact-midsouth.navy.mil. Provide your name, office where you work or relevant information if you're retired, and a daytime phone number where you may be reached if there are any ques-tions. Please include any stories relating to the recipe, and they'll be printed in The Bluejacket, space providing.

# **Traffic tickets**

There were 27 traffic incidents for the week of March 20-26 which resulted in four Armed Forces Traffic Tickets (DD Form 1408) and one U.S. Federal Mag istrate Ticket (DD Form 1805) issued.

THE LICKEL	s were issued the following days.	
Armed Forces Traffic Ticket (1408)		
DATE	OFFENSE	LOCATION
Mar 23	Speeding 35 in a 25 mph zone	Hornet & Essex
Mar 24	Speeding 56 in a 35 mph zone	
	& no base decal	Singleton & Commitment
Mar 24	Disobeyed stop sign, no	
	ID card & no current registration	Glen Eagle & Attu
Mar 25	Speeding 28 in a 15 mph zone	
	& no base decal	Corsair & Ventura

U.S. Federal Magistrate Ticket (1805) Speeding 39 in a 25 mph zone Singleton and Essex

questions - comments - complaints

# **Promotions, awards, re-enlistments**

Members of Commander, Navy Recruiting Command gathered March 8 to celebrate the frocking of Senior Chief Information Systems Technician (Surface Warfare) Susan M. Alders (center) to the rank of master chief petty officer. The ceremony, held in the CNRC front office, was a crowning achievement in the career of a fleet Sailor known to her shipmates for selfless devotion to

Alders, the desktop support manager at CNRC, reported to the command in March 1999 from the cruiser USS Vella Gulf (CG 72), where she served as 3M coordinator. Assigned to CNRC's advance party during the transition from Arlington, Va., to Millington, Tenn., she played a vital role in establishing the first CNRC message center and help desk center. By keeping a watchful eye over her Sailors and insuring they are taken care of, Alders has built a reputation as

"This senior chief has been a master chief in my eyes from day one," said CNRC Rear Admiral Barbara E. McGann. "She has stood out to me as a leader in the Navy enlisted commu-nity since I first saw her."

Exhibiting her loyalty to and fondness for her Sailors, Master Chief Alders se-

Commander David Ricker (center) deputy director, Aviation Officer Distri-

bution Division, Navy Personnel Com-mand, received the Bronze Star March 17 for meritorious service in connection

lected two of the junior members of her team, Information Systems Technician Third Class Michael Tynes and Information Systems Technician Seaman Letitia Collins, to pin on her new anchors.

"I was touched by the thoughtfulness of being requested to participate in the ceremony," said Tynes, "Master Chief Alders was the first person to lend a hand for whatever my family and I had an impact on me, and allowed me to do my job better than before."

Alders credits the love and support of her family and her faith in God for her success. "Without my husband and children I wouldn't be here," she said. She added, "First and foremost I have to say my faith in God has gotten me where I



nt Specialist First Class (Surface Warfare) Gordon Loftin (left) receives the Navy/Marine Corps Achievement Medal (gold star in lieu of fifth award) for meritorious service while serving as leading petty officer, Bachelor Quarters Department, Naval Support Activity Mid-South from Jan. 1 to Dec. 31,1999. Loftin demonstrated exemplary leadership, unsurpassed technical expertise and selfless dedica-tion as NAVSUPPACT Mid-South transformed into the center of excellence for

Navy administrative functions. Loftin initiated a comprehensive plan of action to convert 136 two-person rooms into private rooms for an ever-expanding senior geographical bachelor population. His accomplishments in maintaining five buildings, housing over 250 residents, and providing quality front desk service seven days a week reflect credit upon him. Presenting the award is Captain Diane L.H. Lofink, commanding officer, NAVSUPPACT Mid-South.

Lieutenant De Andrea G. Fuller (left) receives the Navy/Marine Corps Commendation Medal for meritorious service while serving as Defense Department head, claims officer and legal as-sistance officer, at Naval Legal Service Office Central Branch Office, Memphis, from April 1998 to Janurary 2000. As a defense counsel Fuller prepared and litigated 32 courts-martial and administra-tive boards. In legal assistance, she advised over 330 service members and families on a myriad of civil law suits. Fuller is presently serving as the judge advocate general for Naval Support Activity Mid-South. Presenting the award



is Commander Byard Clemmons, officer in charge, Navy Legal Service Office.



les! Here's the latest round of awardees of the Pickle Award for cus-tomer service at Navy Personnel Command. Keep up the great work! --Cheers, Rear Admiral James B.



Dr. Sandy Keehner, PERS-654F Although she runs a large training effort from her own shop, she continually takes time out of her busy schedule to help others in the division with their customer service matters. Most notably, she acted as liaison with AchieveGlobal, resulting in the customer service initiative in PERS-40 getting underway and work ing great



Ronni Parmer, PERS-312E1N: For her outstanding customer service pro-vided to an internal customer assisting in the resolution of an EMPRS problem. Her efforts resulted in a swift solution for the customer, saving numerous hours



Chief Musician James Parker, PERS-64F: For consistently being a team player and providing thoughtful, courteous guidance and service to both his internal and external cus-tomers. Chief Parker is heralded as PERS-64's most enthusiastic and positive representative



Dr. Al Pruett. PERS-015: Even with a very full workload, Pruett rou-tinely fields calls from people at all levels within NPC, as well as numerous external customers. Dr. Pruett always gives the caller the feeling that he/she has called the right place, and provides the greatest level of care the caller could hope for.



Christopher Ellis (left) receives a Letter of Commendation awarded by the Commander, Submarine Force, U.S. Pacific Fleet, and presented by Captain Diane LH. Lofink (right), commanding officer, Naval Support Activity Mid-South, for Ellis's duties with the USS Alabama (SSBN 731) as a member of the electrical division from February 1996 to January 2000. Ellis displayed keen attention to detail and a thorough knowledge of accounting. He was instrumental in maintaining impeccable food service records. Ellis also served as a member of the Command Assessment Team, and is a religious lay reader.

#### **NAVSUPPACT Mid-South awards**

#### Safe Driving Awards

Jerre Sparks, Public Works, Contracts Management, 10 years Richard Galaher, Fire Department, 10 years A.C. Jones, Fire Department, 10 years

Daniel Walton, Public Works, Contracts Management, 10 years Lee Barker, Public Works, 13 years Willie Bledsoe, Navy Exchange, 13 years

Janice McConnell, Housing, 15 years Judith McNaughton, Housing, 15 years Richard Joyner, Public Works, Contracts Management, 17 years

#### Letters of Appreciation for work in **Combined Federal Campaign**

BMC Dwayne Nicholas, Command Services ABHC Terry Pope, Family Service Center SHC Raymond Riddley, Family Service Center BUC David Spieles, Public Works SH1 Charles Rushing, Security MS2 Cheryl Hodge, Bachelor Quarters

#### 'Pickle' awards

"Pickles, pickles, and more pick-les! Here's the latest round of



Elizabeth LaBlue, CST-056: Utilizing her own time and going above and beyond the scope of her normal job description, she took it upon herself to quickly set up access to PERSNET accounts for Rear Admiral Henry, N12, and his working group during a recent visit to Navy Person-nel Command. The accounts were set up almost immediately, ensuring "down" time for the admiral and his staff was kept to an absolute mini-